

Tooth Whitening



For a brighter new smile

Tooth whitening can be a highly effective way of lightening the natural colour of your teeth without removing any of the tooth surface. Current systems have been used for over 20 years and are completely safe. Whitening is the simplest and kindest way of enhancing your smile. Many people feel younger and more confident after treatment. Everyone is different; and just as our hair and skin colour vary, so do our teeth. Very few people have brilliant-white teeth, and our teeth can also become more discoloured as we get older. Whitening enhances the natural beauty of your smile.

What does tooth whitening involve?

There are two main types of tooth whitening:

- Take home whitening kits. These provide more permanent results over a longer time scale. They use specially constructed custom trays, made by the dentist, which need to be worn with the active ingredient at home, over a number of hours for 1–2 weeks.
- Power whitening offers immediate results. Your dentist will be able to tell you if you are suitable for the treatment, and will supervise it if you are. In just 90 minutes your smile can be transformed.

A combination of the two provides the perfect solution to both immediate and long-term whitening.



Results

These can last indefinitely with some simple maintenance. Repeat whitening does not harm the teeth and touch up kits are available to keep your bright smile gleaming.



Are there any side affects?

Some people can experience some transient sensitivity during bleaching; this is temporary and will not last. There are some desensitizing treatments that can minimise any slight discomfort.

Only dentists are permitted to use the correct whitening products. Don't be tempted by cheaper alternatives as these may not work or may potentially damage your teeth.

Contact us on 0117 968 4888 for a free consultation to see what we can do to give you the brighter teeth you deserve.

